

BSC B- AGE GROUP INTRO 2012
BELLEVUE SWIM CLUB
OCTOBER 7, 2012

- SANCTION:** Meet is held under the sanction of USA Swimming and Midwestern Swimming, Inc.
Sanction #: MWS12030
- LOCATION:** Bellevue East High School, Lincoln Rd. and High School Dr., Bellevue, NE 68005. Kennedy Freeway & Cornhusker Rd. interchange; east on Cornhusker Rd. (Cornhusker becomes Harvell Dr. after crossing Ft. Crook Rd); east on Harvell Dr.; right on Lincoln Rd.; left on High School Drive; pool is in the rear of the school. Plenty of parking available in front of the school. Please enter through the South Gym Entrance.
- POOL:** The pool is six lanes, 25 yards in length; the depth at the starting block end is 11.5 feet and 4 feet deep at the non-starting block end. Timing system is Daktronics.
Pool has not been certified in accordance with 104.2.2C(4).
- FACILITY:**
- BSC reserves the right to remove from the premises any individual who might jeopardize safety and facility privileges.
 - Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
- SCHEDULE:** Sunday Intro Meet Warm-ups: 8:00 AM Start: 9:00 AM
- MEET DIRECTOR:** Cathy Thayer Phone: (402) 592-3102 Email: 8isgr8@cox.net
2006 Oriole Dr., Bellevue, NE 68123
- OFFICIALS:** Referee: Candy Hemmer
Meet Marshall: Cathy Kassube
- MEET FORMAT:** The Age Group Intro is designed for the novice swimmer who is new to the sport or just aged up. At this session we will have extra Stroke and Turn judges to help. They will take the extra time needed with these swimmers to help them become familiar with meets and how they are run.
Timed Finals; 10 & U and 11-12 – Maximum NAG B time (.01 slower than BB time;
9-18 – Maximum NAG 13-14 B time (.01 slower than BB time for 13-14)
- DISABILITY SWIMMERS:** Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete’s coach) is also responsible for notifying the Deck Referee of any disability prior to competition.
- RULES:** Current USA Swimming and Midwestern Swimming Rules will apply.
- CREDENTIALS:**
- Presentation of coach’s membership card will be required at coach sign-in. Credentials shall be visible at all times.
 - In accordance with MWS Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- ELIGIBILITY:**
- All swimmers, coaches, and clubs must currently be registered with USA Swimming.
 - Age of swimmer on October 7, 2012 determines age group for the meet.
 - Late entrants must show proof of current USA Swimming Registration. No on-deck registration.
 - Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
- EVENT LIMITS:**
- Age Group swimmers may participate in four (4) individual events.
 - No Exhibition Swimming will be allowed.
- ENTRY FEES:** Individual event \$2.50
Midwestern Splash Fee \$6.00 (per swimmer)

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- ENTRY PROCEDURE:**
- Entries may be submitted either in electronic format (Hy-Tek meet entry file with hard copy) or on a Meet Entry Form.
 - A check payable to Bellevue Swim Club for the entry fees must accompany all entries. No Refunds.
- DEADLINE:**
- **Friday, September 28, 2012.**
 - Psych sheets will be sent to the club entry chair within 24 hours of the entry deadline.
 - Although pre-registration is encouraged, late entries will be accepted at the discretion of the Meet Director and will incur a cost of \$5.00 per event, which must be paid at the time of registration.
- ENTRY CHAIR:** **Cathy Thayer** **Email:** 8isgr8@cox.net **Phone:** (402) 592-3102
2006 Oriole Dr., Bellevue, NE 68123
- COACH MEETING**
- October 7, 2012, 8:30 am, in office behind starting blocks.
- GENERAL CONDUCT OF MEET:**
- All events will be pre-seeded to the extent possible, but late entries may be added.
 - Please report all scratches to the Clerk of Course so that late entries may be added to empty lanes.
 - All events are timed finals.
 - Events may be combined.
 - Fly-over starts may be used.
 - Coaches' packets may be picked up from Clerk of Course.
- WARM-UP PROCEDURES:**
- MWS Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
 - All swimmers must enter the pool for warm-ups using "Sit and Slide" or one hand on the wall entry. The first 25 minutes will be general warm-ups. The last 20 minutes lanes 2 & 5 will be open for racing starts then other lanes as needed.
- TEAM SUPERVISION:**
- Changing into or out of swimsuits outside designated locker room areas by athletes at any level of competition is prohibited at USA Swimming sanctioned meets. Prohibited areas include, but are not limited to, team and spectator seating sections, as well as warm-up and competition pool decks. MW penalties will be applied.
 - Each team must provide an adult with a current non-athlete USA Swimming card to supervise the swimmers in the team area at all times.
 - Only registered coaches, swimmers and officials will be allowed on deck.
- SCORING:** Meet will not be scored.
- AWARDS:**
- All swimmers will receive a meet memento to be picked up by team coaches before the end of the meet.
- RESULTS:**
- Results will be posted on the MW Website – www.mwswim.org within 48 hours of the conclusion of the meet.
- CONCESSIONS:** Concessions will be available on site.

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Event Schedule

AGE GROUP INTRO SESSION

SUNDAY, OCTOBER 7, 2012

TIMED FINALS

GIRLS

8:00 AM WARM-UPS

9:00 AM START

Event	Maximum Time	Age	Distance	Stroke	Maximum Time	Boys Event
1	NTS	8 & U	25	Freestyle	NTS	2
3	36.00	10 & U	50	Freestyle	35.20	4
5	31.90	11 & 12	50	Freestyle	31.00	6
7	1:07.40	9-18	100	Freestyle	1:02.20	8
9	NTS	8 & U	25	Backstroke	NTS	10
11	43.50	10 & U	50	Backstroke	43.70	12
13	36.80	11 & 12	50	Backstroke	36.50	14
15	1:14.20	9-18	100	Backstroke	1:09.60	16
17	NTS	8 & U	25	Breaststroke	NTS	18
19	47.80	10 & U	50	Breaststroke	47.90	20
21	40.90	11 & 12	50	Breaststroke	40.80	22
23	1:24.10	9-18	100	Breaststroke	1:18.10	24
25	NTS	8 & U	25	Butterfly	NTS	26
27	43.00	10 & U	50	Butterfly	42.00	28
29	35.10	11 & 12	50	Butterfly	35.20	30
31	1:13.50	9-18	100	Butterfly	1:08.10	32
33	NTS	8 & U	100	Ind Medley	NTS	34
35	1:33.80	9 & 10	100	Ind Medley	1:31.20	36
37	1:20.10	11 & 12	100	Ind Medley	1:17.60	38
39	2:43.00	9-18	200	Ind Medley	2:32.00	40